

## Background:



**Joanne Aaronson** is an intuitive life coach, author and workshop presenter on utilizing inner guidance, known as intuition, to achieve one's highest potential.

Her education includes an undergraduate degree in physics, graduate degree in technology management and multiple certificates of competency from the Institute of Intuitive Studies (Edgar Cayce's ARE in Virginia Beach). She's been a student of Rosalyn Bruyere's Healing Light Church and is a Reiki Master. In addition, she holds a Project Management Professional (PMP) certification from the Project Management Institute (PMI).

It is this combination that makes her able to adapt:

- intuitive development
  - empowerment
  - decision making
  - creative visualization
  - as well as energy techniques
- for the individual's benefit in order to assist them in creating the life they want.

Joanne founded **Life Transformations** in 2001 to empower change in individuals, teams, projects and organizations. In support of her mission, she writes and distributes a monthly newsletter, **EmpowerChangeNow** on creativity and intuitive development.

Emphasis is on accessing intuition—the pipeline to the divine. Only an individual's higher guidance/inner wisdom known as their intuition, combined with their free will, can really provide the RIGHT answer for them.

*10% of profits go to charity!  
Listed in Strathmore's Who's Who 2005/2006*

## Available Services:

### Individual or couples' sessions:

#### ♦ Intuitive Life coaching

⇒ **Access your intuition to empower change for positive benefit:**

- to create the life you want
- to make critical life decisions
- deal with life issues
- uncover your life path / best career
- add meaning to your life

⇒ **Unveil negative patterns that are holding you back**

- move towards a healthier, happier life
- transform negative energy to positive
- process old, lingering memories

⇒ **Learn relaxation & meditation techniques:**

- reduce stress
- improve performance

#### ♦ Workshops: (examples)

- Intuitive Decision Making
- Manifesting Prosperity/Career
- Stress Reduction
- Maximizing Creativity
- Enlightened Leadership



**Life Transformations, LLC**

**Reasonable rates; sessions by appointment;  
evenings & weekends**

**Phone: 703-624-0130  
www.empowerchangenow.com**



**Begin today  
to  
Create  
Your Ideal  
Life!**



**Joanne Aaronson, PMP, Ct. Reiki, EHS**  
• **Intuitive Life Coach**



**Life Transformations, LLC**

**Tel: 703-624-0130**

## What's a Life Coaching Session like?

**The initial session** includes an evaluation of your current energy pattern, followed by various intuitive techniques to gently uncover the real issue or life lesson for you. No matter whether it involves career direction, relationships, financial matters, life purpose or other aspects of your life, we move forward at your pace & for the highest good.

"Each soul must learn in their own time"

**Individual consultations** generally last between 60-120 minutes depending on whether it's an initial session, working session or follow-up.

**The initial session** includes an evaluation of your "energy" pattern—your aura, followed by various intuitive techniques to gently uncover the real issue or life lesson for you.

**During working sessions,** we will utilize various meditation and energy techniques, including Reiki, based on intuitive guidance. The goal is to empower change so that you can live the life you were meant to live!

**Follow-up sessions** after you reach your goals can be via phone or in person, and at intervals depending on your preference.

**Individuals vary in what they want to work on, but results are experienced from the first session!**

## Setting Your Course

**We can discuss your goals and work out a program that suits you. Additional sessions vary based on personal objectives, your progress and are at your discretion.**

You will leave with a game plan of how to accomplish your goals based on your life lesson and life path that's for your highest good. Remember, we are here for a reason and sometimes what we want is not necessarily in our best interest. So understanding our life's purpose and mission is another aspect that's important. Sometimes the timing or the direction are not as we expected. Once the desire for a goal is combined with the understanding of the life mission, then the resultant direction can be for the highest good of the individual.

**UNVEIL NEGATIVE PATTERNS THAT ARE HINDERING ACHIEVING YOUR HIGHEST POTENTIAL!**



## What others have to say:

**Jay B.—**"I found the work Joanne did with me to be immensely helpful on a cognitive, spiritual and emotional level."

**Angel Z.—**"This experience gave me a new dimension and tool for approaching life's critical moments and decisions."

**Marieyink Z.—**"Through Joanne's teachings, I have learned to relax, to meditate and let go of negative energy."

**Chuck W. —** "thank-you, thank-you! Life Transformations is a priority for me!"

Other client experiences covered over coming parents' negative energy, moving forward on new ventures, initiating a new career..... Dealing with everyday problems!

**What would you like to overcome?  
Start today to create your ideal life!**



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